**Daniel P. Vrakas**County Executive

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Director

Waukesha COUNTY

AGING AND DISABILITY RESOURCE CENTER
OF WAUKESHA COUNTY

FOR IMMEDIATE RELEASE

Mailing Date: Monday, June 15, 2009

Contact: Cathy Bellovary – Director, (262) 548-7848

**GRANDPARENTS PARENTING AGAIN** 

Assistance available for grandparents acting as caregivers for grandchildren

Waukesha, WIS. – The role many grandparents fill as caregivers to their grandchildren has become more recognized over the last several years. As of the last Census, there are 842 grandparents responsible for the care of grandchildren living in Waukesha County. Many grandparents need support in parenting again, whether with toddlers or teenagers. In the words of one local grandparent, help is needed to deal with "being a parent when I just want to be a grandparent."

The Aging and Disability Resource Center (ADRC) of Waukesha County can provide support, education and respite for grandparents and other relative caregivers age 55 and older who provide primary care for children. Supportive programs available through the Older Americans Act Family Caregiver Support Program provide activities for grandparents, both together with children and separately. Additional information is available from the ADRC by calling (262) 548-7848, or by visiting the ADRC website <a href="https://www.waukeshacounty.gov/adrc">www.waukeshacounty.gov/adrc</a>.

On June 25, 2009 the ADRC is sponsoring a presentation on Internet Safety designed for grandparents and other older relatives raising grandchildren. The presentation, which will be in the Brookfield Room of the Health and Human Services Center in Waukesha, will run from 10:00 a.m. – 11:30 a.m. and will include an overview of instant messaging, chat rooms, Internet predators, case studies, signs of an at-risk child, Internet safeguards, cyber-bullying, "sexting" and more. There is no charge for the presentation, however, registration is required. For additional information or to register contact the ADRC at (262) 548-7848.

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